

**WELCOME TO THE KIDNEY STONE CENTER
OF THE
ROCKY MOUNTAINS**

Extracorporeal Shock Wave Lithotripsy (ESWL) is a medical treatment plan for kidney stones, emphasizing convenience, comfort and safety. Usually ESWL permits you to be admitted, have the required treatment and be discharged all in one day – usually a matter of hours.

Please read all of the following information. If you have any questions regarding this information, please call The Kidney Stone Center before your scheduled treatment.

BEFORE YOUR TREATMENT, DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (UNLESS OTHERWISE DIRECTED BY YOUR PHYSICIAN).
YOUR TREATMENT MAY BE CANCELLED IF YOU HAVE HAD ANYTHING BY MOUTH (including gum, mints, cigarettes etc.)

1. Brush your teeth the morning of treatment but do not swallow.
2. If you routinely take daily medication in the AM, you may take it the morning of treatment with a **SMALL** sip of water.
3. **DO NOT** use any body lotions or oils the morning of treatment. Deodorant is encouraged.
4. If your procedure is scheduled during your menstrual cycle, you are still able to have the procedure.
5. **ARRANGE FOR SOMEONE TO DRIVE YOU HOME AFTER THE TREATMENT.** You will **NOT** be treated if you fail to arrange for someone to drive you home. Riding public transportation is **NOT** an acceptable alternative.
6. Notify your doctor if there is any change in your physical condition such as a cold, fever, infection or a change in the condition for which you are having ESWL.

MORNING OF TREATMENT

1. Wear comfortable shoes and loose fitting clothing.
2. Please arrive at the time you were told to be at the Kidney Stone Center and report to the reception desk. **You must bring your insurance cards, photo ID, co-payment or any deductible due at the time of service.**
3. After registration, the nurse will escort you to the pre-op room where you will be prepared for the treatment. You will have a conference with the treating physician as well as the anesthesiologist. You will discuss the informed consent with the physician. If you have any questions please feel free to ask the urologist at this time.
4. Contact lenses, hairpins, eye makeup and jewelry should not be worn while having treatment. We recommend that you leave valuables at home.

AFTER YOUR TREATMENT

We will give you detailed instructions on post treatment care and what to do in the unlikely event that complications develop. You will be discharged when the physician and staff feel your condition is stable. If your condition warrants, your physician may admit you to the hospital.

QUESTIONS

We wish to make your treatment as comfortable as possible. If you need more information about the Kidney Stone Center, please feel free to call 303-839-6060 or go online to kidneystonecenter-rm.com